

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 AM - 10:00 AM	--	--	--	--	--	ADULTS MUAY THAI 9:00 AM - 10:00 AM SPARRING CLASS
10:00 AM - 11:00 AM	--	--	--	--	--	KIDS NO-GI JIU-JITSU + COMPETITION CLASS 10:00 AM - 11:00 AM 6 - 14 YEAR OLDS
11:00 AM - 12:00 PM	--	--	--	--	--	ADULTS NO-GI JIU-JITSU 11:00 AM - 12:30 PM ALL LEVELS
12:00 PM - 1:00 PM	ADULTS GI JIU-JITSU 12:00 PM - 1:00 PM ALL LEVELS	--	--	ADULTS GI JIU-JITSU 12:00 PM - 1:00 PM ALL LEVELS	--	--
3:45 PM - 4:25 PM	--	TINY SAMURAI GI JIU-JITSU 3:45 PM - 4:20 PM 4 - 6 YEAR OLDS	--	TINY SAMURAI GI JIU-JITSU 3:45 PM - 4:20 PM 4 - 6 YEAR OLDS	--	--
4:30 PM - 5:30 PM	LITTLE SAMURAI GI JIU-JITSU 4:30 PM - 5:25 PM 6 - 9 YEAR OLDS	LITTLE SAMURAI GI JIU-JITSU 4:30 PM - 5:25 PM 6 - 9 YEAR OLDS	LITTLE SAMURAI NO-GI JIU-JITSU 4:30 PM - 5:25 PM 6 - 9 YEAR OLDS	LITTLE SAMURAI GI JIU-JITSU 4:30 PM - 5:25 PM 6 - 9 YEAR OLDS	ADULTS GI JIU-JITSU -- 5:00 PM - 6:30 PM ALL LEVELS	--
4:30 PM - 5:30 PM	KIDS MUAY THAI 4:30 PM - 5:20 PM 9 - 14 YEAR OLDS 2ND FLOOR	--	--	KIDS MUAY THAI 4:30 PM - 5:20 PM 9 - 14 YEAR OLDS 2ND FLOOR		--
5:30 PM - 6:20 PM	PRE-TEENS / TEENS GI JIU-JITSU 5:30 PM - 6:20 PM 10 - 14 YEAR OLDS	PRE-TEENS / TEENS GI CLASS 5:30 PM - 6:20 PM 10 - 14 YEAR OLDS	PRE-TEENS / TEENS NO-GI JIU-JITSU 5:30 PM - 6:20 PM 10 - 14 YEAR OLDS	PRE-TEENS / TEENS + COMPETITION CLASS 5:30 PM - 6:20 PM 7 - 14 YEAR OLDS		
5:30 PM - 6:20 PM	KIDS MUAY THAI 5:30 PM - 6:20 PM 6 - 8 YEAR OLDS 2ND FLOOR	KIDS MUAY THAI 5:30 PM - 6:20 PM 6 - 8 YEAR OLDS 2ND FLOOR	--	KIDS MUAY THAI 5:30 PM - 6:20 PM 6 - 8 YEAR OLDS 2ND FLOOR	--	--
6:30 PM - 7:20 PM	ADULTS FUNDAMENTALS CLASS GI CLASS 6:30 PM - 7:20 PM 1ST OR 2ND FLOOR	--	ADULTS FUNDAMENTALS CLASS NO-GI CLASS 6:30 PM - 7:20 PM 1ST OR 2ND FLOOR	--	--	--
6:30 PM - 8:00 PM	ADULTS GI JIU-JITSU 6:30 PM - 7:30 PM ALL LEVELS -- 7:30 PM - 8:00 PM (OPEN MAT)	ADULTS GI JIU-JITSU 6:30 PM - 7:30 PM ALL LEVELS -- 7:30 PM - 8:00 PM (OPEN MAT)	ADULTS NO-GI JIU-JITSU 6:30 PM - 7:30 PM ALL LEVELS -- 7:30 PM - 8:00 PM (OPEN MAT)	ADULTS GI JIU-JITSU 6:30 PM - 7:30 PM ALL LEVELS -- 7:30 PM - 8:00 PM (OPEN MAT)	--	--
7:30 PM - 8:30 PM	--	ADULTS MUAY THAI 7:30 PM - 8:30 PM ALL LEVELS	--	ADULTS MUAY THAI 7:30 PM - 8:30 PM ALL LEVELS	--	